

FOR THE SITTER

EMERGENCY CONTACTS

Name _____

Number _____

Relationship _____

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Relationship _____

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Relationship _____

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Relationship _____

NOTES

Large empty area for notes.

SPECIAL INSTRUCTIONS

Large empty area for special instructions.

FOR CHILDCARE PROVIDER

EMERGENCY CONTACTS

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Relationship _____

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Relationship _____

NOTES

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SPECIAL INSTRUCTIONS

Large empty area for special instructions.

BIRTHDAYS



Name

Birth Date

Notes

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Birth Date

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MONTHLY BUDGET

INCOME	BUDGET	ACTUAL	DIFFERENCE	NOTES
TOTAL				

EXPENSE	BUDGET	ACTUAL	DIFFERENCE	NOTES
TOTAL				

TOTAL INCOME	TOTAL EXPENSES	TOTAL DIFFERENCE

VEHICLE MAINTENANCE

SERVICE	DATE LAST COMPLETED	NEXT DATE SCHEDULED	NOTES

MEDICAL HISTORY

Name: _____ Date of Birth: _____ Age: _____

Blood Type: _____

In case of Emergency, Please Contact: _____

ALLERGIES

NOTEWORTHY

MEDICATIONS

♥ VITAL ♥

SPRING CLEANING CHECKLIST

BEFORE YOU START

- Clean Vacuum
- Clean Brooms & Dusters
- Sanitize Brushes & Sponges
- Gather Your Supplies - Rags, Cleaners, Vinegar, Baking Soda, Essential Oils, Lemon Juice, Sponges, Brushes, etc.

BEDROOMS

- Dust Lighting, Trim & Ceiling Corners
- Dust/Vacuum & Wipe Down Blinds/Curtains
- Wipe Down Furniture
- Flip Mattresses
- Wash Bedding
- Organize Closets & Drawers {donate/discard unwanted items}
- Wipe Down Baseboards
- Wash Windows
- Vacuum / Sweep Floors

BATHROOMS

- Dust Lighting, Trim & Ceiling Corners
- Organize Cabinets & Drawers {donate/discard unwanted items}
- Wipe Down Walls
- Clean Toilets
- Wash Bath Mats
- Wash Shower Curtain {or swap out with a fresh one}
- Wipe Down Baseboards
- Wash Windows
- Vacuum / Sweep Floors

KITCHEN

- Dust Lighting, Trim & Ceiling Corners
- Clean In, Under & Behind the Refrigerator & Freezer
- Clean Stove Hood Filter & Fan Blades
- Vacuum Appliance Vents
- Clean Out Cabinetry
- Descale Coffee Maker / Kettle
- Clean Microwave
- Clean Range & Oven
- Wipe Down Backsplash & Counters
- Wipe Down Baseboards
- Wash Windows
- Vacuum / Sweep Floor

OTHER AREAS

- Dust Lighting, Trim & Ceiling Corners
- Wipe Down Furniture
- Wipe Down Washer, Dryer
- Clean Pet Areas & Supplies
- Vacuum & Shake Out Area Rugs
- Dust/Vacuum & Wipe Down Blinds
- Vacuum & Wipe Down HVAC Vents
- Wash Windows
- Vacuum / Sweep Floors
- Wipe Down Outdoor Furniture, Grill & Other Appliances
- Organize Storage Areas, Garages & Sheds

CLEANING CHECKLIST

	TASK		TASK

WEEKLY CLEANING CHECKLIST

	MONDAY		TUESDAY
	WEDNESDAY		THURSDAY
	FRIDAY		WEEKEND

WEEKLY CHORE CHECKLIST

	MONDAY		TUESDAY
	WEDNESDAY		THURSDAY
	FRIDAY		WEEKEND