

Weekly Meal Planner

by **green child**
magazine

Monday

[Blank area for Monday meal planning]

Shopping list

[Lined area for shopping list]

Tuesday

[Blank area for Tuesday meal planning]

Wednesday

[Blank area for Wednesday meal planning]

Thursday

[Blank area for Thursday meal planning]

Friday

[Blank area for Friday meal planning]

Saturday

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Sunday

[Blank area for Sunday meal planning]

Notes

[Lined area for notes]